

The Voice of Billingsville

April 2020

St. Johns United Church of Christ
14191 Billingsville Road, Boonville, MO 65233-3408
Website: <https://www.stjohnsbillingsville.org/>
Facebook: [facebook.com/stjohnsbillingsville](https://www.facebook.com/stjohnsbillingsville)
Twitter: @st_johns_bville IG: st_johns_bville



“No matter who you are, or where you are on life’s journey, you are welcome here.”

Easter Information

It is with great sadness that we announce there will be no church services or Easter Week activities at St. Johns during the month of April. We are following the guidelines of the Department of Health at both the state and federal level to practice “social distancing” until April 30.

When we can be together again, we hope to have a special worship service and meal. We will celebrate the end of this stressful, fearful time as well as the resurrection of our Savior, Jesus Christ! More details to come in (hopefully) the next newsletter!

The Quarterly Congregational meeting that was scheduled for Sunday, April 19 has been postponed. It will be rescheduled as soon as all restrictions are lifted.



God is our refuge and strength, a very present help in trouble.

Psalm 64:1

UPCOMING EVENTS



CONTACT US

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In Christian Sympathy

Rosalie Searfoss' mother, LaVerla Comegys, passed away on February 21. Please keep Rosalie, Kim, Mariah, Megan and Josiah & their families in your prayers.

Jerry Gerhardt passed away on March 7. Please keep Samantha, Jason, Melanie, and Janice & their families in your prayers.

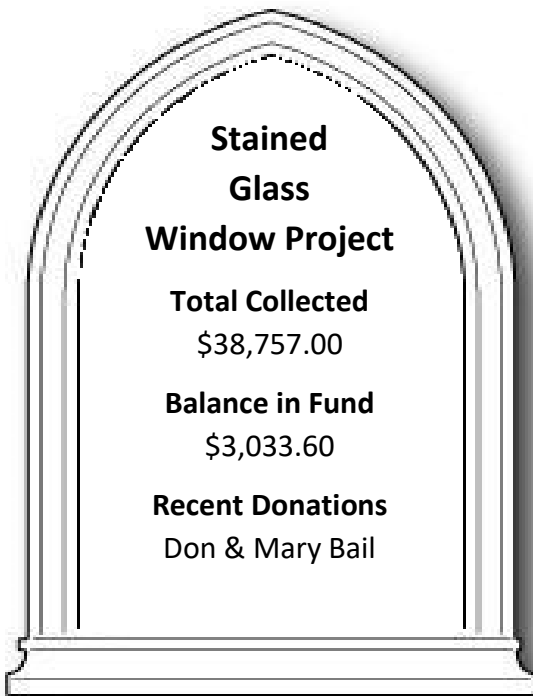
HEALTH FACTS

How to Use Your Immune System to Stay Healthy

The immune system is your body's natural defense system. It's an intricate network of cells, tissues, and organs that band together to defend your body against invaders, such as bacteria, viruses, parasites, even fungus. A healthy immune system protects us with barriers called antigens, white blood cells, chemicals, and proteins. These can attack and destroy foreign substances before they can reproduce. But sometimes our immune system can break down and the invaders overwhelm the body.

There's no single pill or supplement you can take to boost your immune system. Instead, think healthy living habits such as physical activity. By walking fast and increasing your heart rate, 20 minutes three times a week and help white blood cell production and release of endorphins, which are natural hormones. A diet rich in antioxidant vitamins can boost resistance. This is dark green, red, yellow, and orange fruits and veggies, berries, citrus fruits, kiwi, apples, red grapes, kale, onions, spinach, sweet potatoes, and carrots. Eating Mushrooms such as reichi, maitake, and shiitake may have a strong influence on immune function and production of chemicals that help your body respond to infection.

Sleeping at least seven hours a night is associated with increased resistance to infectious diseases. Avoid undue stress all the time because stress can cause "stress hormones" which weaken the immune system. Going to church or meditating helps. Receiving and giving love can also be an approach to boosting the immune system.



Tips to Prevent the Spread of Germs

- 1) NO HANDSHAKING! Use a fist bump, slight bow, elbow bump, etc.
- 2) Use ONLY your knuckle to touch light switches, elevator buttons, etc. Lift the gasoline dispenser with a paper towel or use a disposable glove.
- 3) Open doors with your closed fist or hip - do not grasp the handle with your hand, unless there is no other way to open the door. Especially important on bathroom and post office/commercial doors.
- 4) Use disinfectant wipes at the stores when they are available, including wiping the handle and child seat in grocery carts. Carry a small bottle of hand sanitizer or wiping pads with you.
- 5) Wash your hands with soap for 10-20 seconds and/or use a greater than 60% alcohol-based hand sanitizer whenever you return home from ANY activity where other people have been.
- 6) Keep a bottle of sanitizer available at each of your home's entrances. AND in your car for use after getting gas or touching other contaminated objects when you can't immediately wash your hands.
- 7) If possible, cough or sneeze into a disposable tissue and discard. Use your elbow only if you have to. The clothing on your elbow will contain an infectious virus that can be passed on for up to a week or more!

NOTES FROM CHURCH COUNCIL MEETING

March 4th, 2020

A thank you letter was read from ECH for the \$200.00 donation.

On February 29th, Mr. O'Brien removed the remaining stained-glass windows for repair, with the exception of the largest window, which will need extra care to remove.

Discussion on hiring snow removal services were tabled until fall.

The council discussed converting to disposable pre-filled communion cups for sanitary reasons in light of viral transmission from human hands when directly handling bread. Further discussion will continue at the April meeting.

Next meeting: April 8th, 2020, at 6:00p.m.

Nancy Meyer, Secretary

Soup and Sandwich Lunch Update

The Board of Christian Education sponsored the annual Soup and Sandwich Lunch on Sunday March 8, 2020. Thanks to everyone in the congregation who brought soup, sandwiches or desserts. Approximately 55 people enjoyed a variety of delicious soups. \$660 was raised for Christian Education and will help with expenses for our upcoming ROAR VBS: Life is wild; God is good!



STATISTICS

Mar	Offering	Benevolence	Attendance
01	\$2245	\$25	37
08	\$1562	\$155 Penny Sun: \$44.17	50
15	\$577	\$25	No count
22	No Service		
29	No Service		

If you would like to mail your April offering, it can be sent to:

**St. Johns United Church of Christ
14191 Billingsville Road
Boonville, MO 65233**

THANK YOU

To Linda Simmons and family for their donation to the Cemetery Fund in memory of Bob Simmons.

1 Peter 1:3

Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead.

	Worship Leader	Greeters & Ushers	Scripture Readings
Apr 05		No Worship Services	Isaiah 50:4-9a Matthew 21:1-11
Apr 12		No Worship Services	Jeremiah 31:1-6 John 20:1-18
Apr 19		No Worship Services	1 Peter 1:3-9 John 20:19-31
Apr 26		No Worship Services	1 Peter 1:17-23 Luke 24:13-35

APRIL BIRTHDAYS

Dalton Pannell	04
Abigail Pannell	05
Shane Jennings	10
Brittany Stretz	11
Jill Helmreich	12
Louise Friedrich	14
Janice Cooper	17
Cathy Bail	20
Tucker Floyd	21
Tim Kueckelhan	21
Dave Wenger	21
Cate Smith	23
O. C. (Sonny) Friedrich	24
Andrew Grissum	24
Heather Simmons	24
Caleb Smith	25
Susan Forst	26
Kaylee Naylor	26

APRIL ANNIVERSARIES

Jamie & Shawn Swalwell	03
Tami & Ben Rold	05
Dave & Ginger Wenger	07
Deanamarie & Daniel Naylor	16

✠ BAPTISM ANNIVERSARIES ✠

Teresa Diane Kueckelhan Carlson	09
Cora Louise Stegner Wisdom	09
Noel Katherine Schler	10
Linda Anne Atkinson Potter	13
Mary Jane Atkinson Fudge	13
Jaden Michael Keller	13
Douglas Eugene Johnston	14
Stacy Lynn Million Reuter	14
Karen Hibbard Johnston	20
Melinda Ellen Edwards Richardson	25
Sophia Ruth Carmichael	28

Please let these homebound and nursing home friends know you're thinking about them with a visit or a card.

Don Bail and Marjorie Vieth

Riverdell Care Center 1121 11th St. Boonville, MO 65233

Arlene Friedrich

Ashley Manor 1630 Radio Hill Rd. Boonville, MO 65233

Rob Friedrich

1331 Lyric Court Boonville, MO 65233

Kathryn Schupp (Nancy's mother)

Katy Manor 205 Prospect Pilot Grove, MO 65276

Bernadine Wassmann

Hartmann Village 615 Rankin Mill Ln Boonville, MO 65233

PRAYER CHAIN

Kelly Lou Campbell
 Angie Carmichael, cancer
 Family of LaVerla Comegys (Rosalie's mother)
 Pastor Jim & Sharon Elliott
 John (Sharon's brother-in-law), heart issues
 Olivia (Sharon's niece), cancer
 Bob & Linda Gander
 Lyndall Galloway (Laura's father)
 Family of Jerry Gerhardt
 Maria Hardy, stomach issues
 Laura Holman, recovering from aneurysm
 David Keltner (Jeanne's brother)
 Jenny Kirchner, cancer
 Nancy Kueckelhan
 Ava LeCave
 Marcos @ ECH (SS Sponsor Child)
 Family of Kevin McGuire (Rhea's Cousin)
 Chris (Ann Muntzel's nephew), undergoing chemo
 Angie Nave
 Marilyn Rethmeyer, cancer has returned
 Virginia Reynolds (Cathy's mom), breast cancer
 Erika Sanderson (Pat's niece)
 Karen Schnetzler
 Laverne & Shirley Schmidt (Vicki's parents)
 Ruth Searfoss
 Lois Shaw
 Vicky Simmons
 Rhea Vickery
 Nancee Waibel, cancer
 Michael Walker (Rhea's son), skin cancer

Serving in our military:

Landon Bail	Cliff Burgoyne	Jeff Burgoyne
Lakoda Davis	Chris Hawley	Collin Jones
Natalie Meng	Blayne Vickery	James Walker



Easter Sunday

Sunday following the first
full moon after the Spring equinox

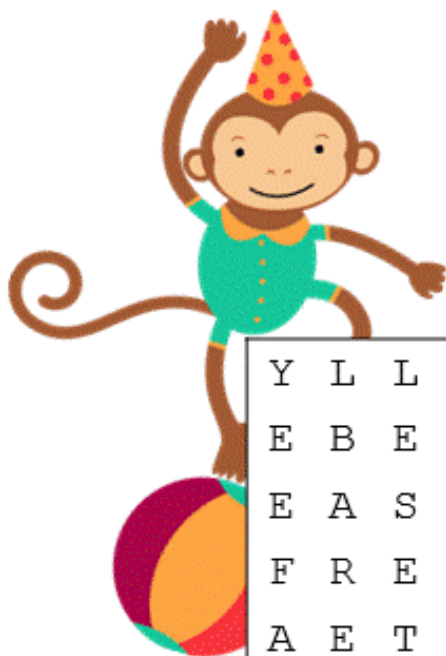
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E	S	E	T	A	L	O	C	O	H	C	H	L	E
F	L	O	W	E	R	S	A	N	A	R	A	R	J

BASKET
BLESSINGS
BONNET
BOUQUET
BUNNY
CHICKS
CHILDREN
CHOCOLATES
CHURCH

DAFFODILS
DUCKS
DYE
EASTER
EGGS
FLOWERS
GRASS
GRATITUDE
HOPE

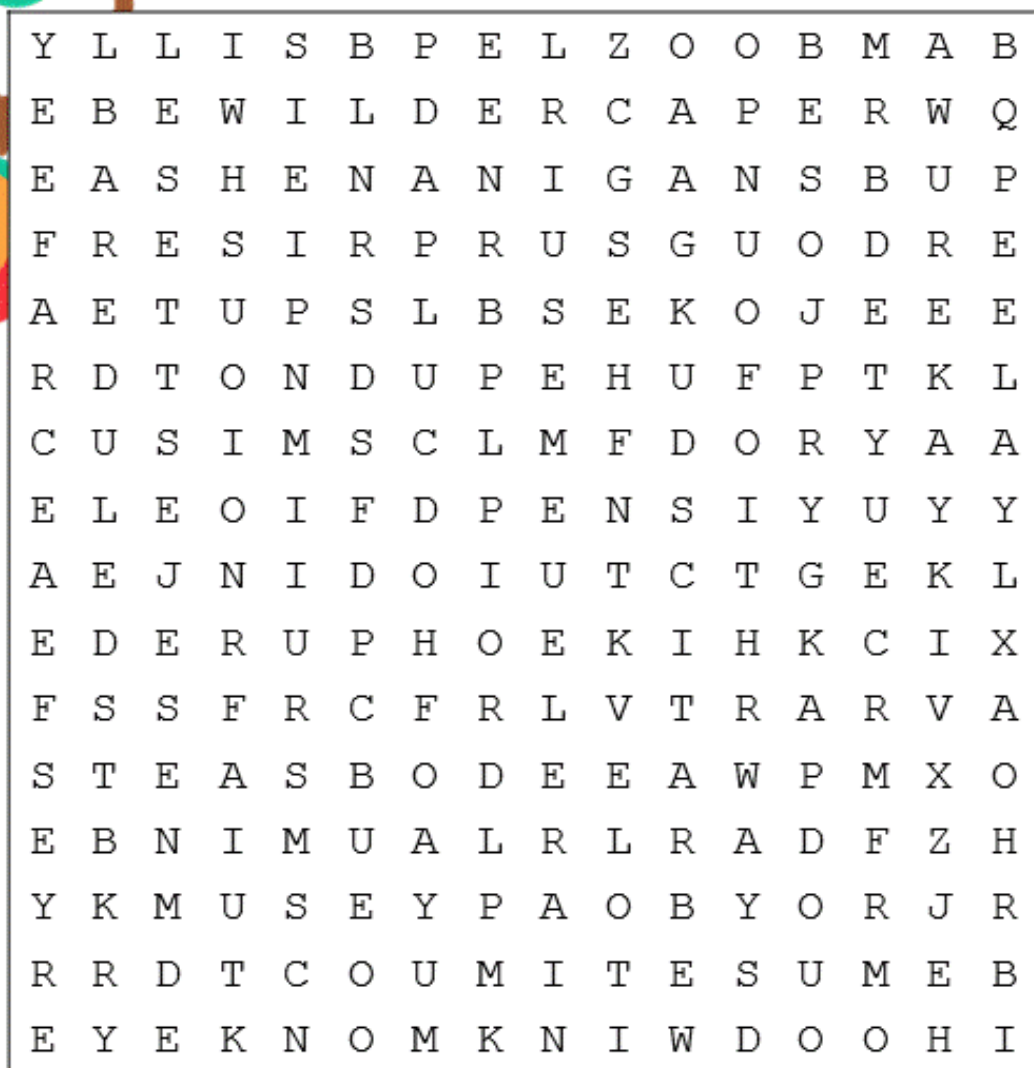
HUNT
JELLYBEANS
JOY
LIFE
PARADE
RABBIT
SPRING
SUNDAY





APRIL FOOL'S DAY

APRIL 1st



APRIL
BAMBOOZLE
BEFUDDLE
BEMUSE
BEWILDER
CAPER
DELUDE
DUMFOUND
DUPE
FARCE

FIRST
HOAX
HOODWINK
JEST
JOKES
LAUGHTER
LEVITY
MALARKEY
MISCHIEF
MONKEY

BUSINESS
PRANK
PREPOSTEROUS
SHENANIGANS
SILLY
SURPRISE
TOMFOOLERY
TRICK
WACKY





Easter Story

Word Search

S C B M N E J E S U S C H R I S T
K A A P O D V G V A R E J O I C E
J R V M S P R A Y E R W C B V F S
Y N O I X I F I C U R C T R M L E
L A P C O I E B Q O X B B N O O L
I R E S U R R E C T I O N R E S T
T R E P P U S T S A L Y E M B L S
S H L U P V Y T K V F D M T E K O
O C A R N E P A X R E S I H M R P
C R M E P E N L D M A N A O I E A
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L E Z W R W M D R Q I T Y F O P A
B S M N D I S C I P L E S C X G S

APOSTLES
BETRAYAL
CAVE
CHURCH
CROSS
CROWN
CRUCIFIXION
DISCIPLES
FAITH
GOOD FRIDAY

JESUS CHRIST
JUDAS
LAMB
LAST SUPPER
LENT
MARY
MIRACLE
PASSOVER
PENANCE
PENTECOST

PRAYER
REDEMPTION
REJOICE
RESURRECTION
RISEN
SAVIOR
SON
THORNS
TOMB



**Count your blessings instead of your crosses; Count your gains instead of your losses.
Count your joys instead of your woes; Count your friends instead of your foes.
Count your smiles instead of your tears; count your courage instead of your fears.
Count your full years instead of your lean; Count your kind deeds instead of your mean.
Count your health instead of your wealth; Count on God instead of yourself.**

--Author unknown

Submitted by Pat Friedrich

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St. Johns United Church of Christ
"Billingsville"
14191 Billingsville Rd.
Boonville, MO 65233

Return Service Requested
Sunday School 9:30 a.m.
Worship 10:30 a.m.